

GUEST DIGEST

02 - 05 - 2021

What's in this update?

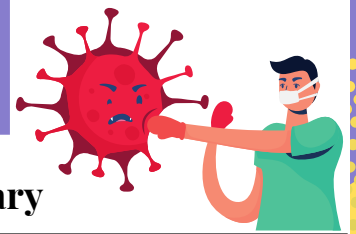
COVID-19 Vaccine

Meals

Masks

Elevator Distancing

Message From The Clinic




COVID-19 Vaccine Available At PSP Mid-February

The vaccine to prevent COVID-19 will be available at People Serving People the week of February 15. The vaccine will be available for everyone 18+, staff, supportive housing, and guests staying the week of February 15th, at the shelter who wants to receive it. To get vaccinated or not is a personal matter and is totally **YOUR DECISION**. There is **NO REQUIREMENT** that you or your family be vaccinated. More details on date & time to come!

What is the Vaccine?

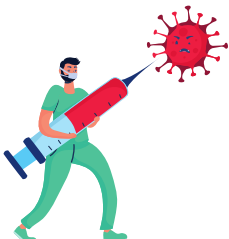


Vaccines work with your immune system so your body will be ready to fight the COVID-19 virus. They help most people to not get sick and some to get less sick from COVID-19. The COVID-19 Vaccine uses no germ, which means that the vaccine does not contain a virus, does not create a virus, and cannot cause COVID-19 infection in your body. Essentially, it enables your body to recognize and fight that germ that causes the disease.

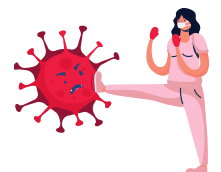
 The COVID-19 Vaccine requires two doses, given about a month apart. Vaccines are an important way to protect families and end the spread of the virus. Increasing the number of people immune to COVID-19 will help us all return to "normal" more quickly. Build Immunity for your Community

Knowledge Is Power

Our goal is to provide information and the opportunity to be vaccinated, so you can make the best decision for yourself, your loved ones, and your community. We're committed to removing whatever barriers we can to help people get vaccinated, if they so choose.



Questions? Please send us an email to
vaccine@peopleservingpeople.org



Meals

PSP serves meals during the following times

Breakfast: 7:45-8:45

Lunch: 11:45-12:45

Dinner: 4:30-5:30



Due to COVID for the safety & health of staff and families, staff will be maintaining social distance during meal delivery. Food will be placed on a cart for you to retrieve.

You do have to be in your rooms during this time to receive a meal. Due to safety and health concerns we are unable to leave meals in rooms.

Masks

You do not need to wear a mask in your room, but we encourage you to wear masks in the following situations or any situation where you encounter staff or other families:

- When answering the door for meal delivery
- When dropping kids off at early ed or distance learning or k-5 programming
- When meeting with an advocate
- At linen exchange
- On the elevators
- At the front desk/in the lobby

We have lots of cloth masks! These are currently available at the front desk and on the donations table on the second floor!

Message from the Clinic

Clinic staff is currently limited, so please call first. If you have questions regarding COVID-19 or have symptoms and would like to request a test. The clinic can now test for COVID-19. Please call either of the numbers listed here.

612.396.6157 (please call first)

Mon, Tues, Wed • 9am – 4pm

Thurs, Fri • 9am – 12 noon

After hours: Healthcare for the Homeless 612.348.5553 7am – 10pm daily

Symptoms of COVID-19

- 1) Cough
- 2) Fever
- 3) Tiredness
- 4) Difficulty breathing (severe cases)

Elevator Distancing

Please practice social distancing if possible

- Avoid overcrowding the elevator. Try riding the elevator with just your family.
- Do not touch your face after contact with elevator buttons (wash hands or sanitize after touching)
- Do not lean on walls.

