

GUEST DIGEST

12 - 4 - 2020

What's in this update?

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Message From The Clinic

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

COVID-19

Stop the Spread

GET TESTED

It's Safe

It's Easy

It's Free

It Stops the Spread



Pick up the phone

Call 612-396-6157

Mon, Tues, Wed

9am – 4pm

Thurs & Fri

9am – 12 noon

After hours

Call 612-348-5553

7am – 10pm daily

Do Your Part To Keep Your Family Safe

**On-site
Testing!**



Cover your face.

Masks or face coverings are required in public places in Minnesota.



Keep your distance.

Stay at least six feet (two arm lengths) away from others outside of your home and do not gather in groups.



Stay home when sick.

Watch for fever, cough, shortness of breath, and other COVID-19 symptoms and do not go to work or run errands if you are experiencing them.

Keep your family & friends safe. Don't be a super-spreader.

Meals

PSP serves meals during the following times

Breakfast: 7:45-8:45

Lunch: 11:45-12:45

Dinner: 4:30-5:30



Due to COVID for the safety & health of staff and families, staff will be maintaining social distance during meal delivery. Food will be placed on a cart for you to retrieve.

You do have to be in your rooms during this time to receive a meal. Due to safety and health concerns we are unable to leave meals in rooms.

Masks

You do not need to wear a mask in your room, but we encourage you to wear masks in the following situations or any situation where you encounter staff or other families:

- When answering the door for meal delivery
- When dropping kids off at early ed or distance learning or k-5 programming
- When meeting with an advocate
- At linen exchange
- On the elevators
- At the front desk/in the lobby

We have lots of cloth masks! These are currently available at the front desk and on the donations table on the second floor!

Message from the Clinic

Clinic staff is currently limited, so please call first. If you have questions regarding COVID-19 or have symptoms and would like to request a test. The clinic can now test for COVID-19. Please call either of the numbers listed here.

612.396.6157 (please call first)

Mon, Tues, Wed • 9am – 4pm

Thurs, Fri • 9am – 12 noon

After hours: Healthcare for the Homeless 612.348.5553 7am – 10pm daily

Symptoms of COVID-19

- 1) Cough
- 2) Fever
- 3) Tiredness
- 4) Difficulty breathing (severe cases)

Elevator Distancing

Please practice social distancing if possible

- Avoid overcrowding the elevator. Try riding the elevator with just your family.
- Do not touch your face after contact with elevator buttons (wash hands or sanitize after touching)
- Do not lean on walls.

