

GUEST DIGEST

12-18-2020

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Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

COVID-19

Do Your Part

Stop the Spread

Wearing a mask properly over your nose and mouth with a snug fit will help protect you and others from spreading COVID-19.

PROPER WEAR



CHIN STRAP



EXPOSED NOSE



EXPOSED CHIN



Meals

PSP serves meals during the following times

Breakfast: 7:45-8:45

Lunch; 11:45-12:45

Dinner: 4:30-5:30



Due to COVID for the safety & health of staff and families, staff will be maintaining social distance during meal delivery. Food will be placed on a cart for you to retrieve.

You do have to be in your rooms during this time to receive a meal. Due to safety and health concerns we are unable to leave meals in rooms.

Masks

You do not need to wear a mask in your room, but we encourage you to wear masks in the following situations or any situation where you encounter staff or other families:

- When answering the door for meal delivery
- When dropping kids off at early ed or distance learning or k-5 programming
- When meeting with an advocate
- At linen exchange
- On the elevators
- At the front desk/in the lobby

We have lots of cloth masks! These are currently available at the front desk and on the donations table on the second floor!

Message from the Clinic

Clinic staff is currently limited, so please call first. If you have questions regarding COVID-19 or have symptoms and would like to request a test. The clinic can now test for COVID-19. Please call either of the numbers listed here.

612.396.6157 (please call first)

Mon, Tues, Wed • 9am – 4pm

Thurs, Fri • 9am – 12 noon

After hours: Healthcare for the Homeless 612.348.5553 7am – 10pm daily

Symptoms of COVID-19

- 1) Cough
- 2) Fever
- 3) Tiredness
- 4) Difficulty breathing (severe cases)

Elevator Distancing

Please practice social distancing if possible

- Avoid overcrowding the elevator. Try riding the elevator with just your family.
- Do not touch your face after contact with elevator buttons (wash hands or sanitize after touching)
- Do not lean on walls.

