



People Serving People

Group Offsite Volunteer Opportunities

Enclosed is a list of volunteer projects you can complete at home with your family or at work with your colleagues. Please contact, Tom Golembeck, Volunteer & Development Associate, at **tgolembeck@peopleservingpeople.org** or **612.277.0216** to arrange a drop-off the donations.

Please feel free to send photos of your project to Tom for inclusion in our newsletter and social media outreach.

These donation items are needed year round. We also have some seasonal options. Please contact Tom about school supplies, winter clothing and other seasonal needs.

Diaper & Formula Drive

People Serving People spends about \$21,000 annually (\$1,700 each month) to provide diapers and nutritious meals for infants and toddlers. Our staff and volunteers distribute about 24 canisters of formula each week and 16,950 diapers per month.



ITEMS NEEDED

DIAPERS

Sizes 4, 5, 6 and pull-ups*

FORMULA

Similac Advance

Formula must be at least two months prior to the expiration date.

*People Serving People does not accept cloth diapers.



Potty Training Kit

Potty Training can be stressful for the parents as well as the child. With these “potty training kits”, we can equip parents with the right tools to help make this transition go as smooth as possible.



ITEMS NEEDED

1– Potty seat that can go on a regular toilet

5– Pull-ups (see sizing information below)

5– Pack of underwear (see sizing information below)

1 Potty book

(POTTY by Leslie Patricelli, A Potty For Me! by Karen Katz, Everyone Poops by Taro Gomi, Once Upon A Potty by Alona Frankel, Where's the Poop? by Julie Markes)

DIRECTIONS

1. Place all items in a reusable bag/tote

2. We need the following sizes:

Boys– 2T/3T and 3T/4T | Girls 2T/3T and 3T/4T | Gender Neutral 2T/3T and 3T/4T

3. Label each bag with a note card that includes which size and gender items are in the bag and on the other side write a one line positive affirmation to the child. Examples: “Way to go!” “Good Luck with Potty Training!” “You’re a big kid now!” “You can do it!”



Tie Blankets

People Serving People provides blankets to families as part of a move-out basket when they find housing in the community. Please consider hosting a blanket making party at your home or workplace to help formerly homeless families settle into their new homes.



DIRECTIONS

1. **Select your fleece blankets.** Use two different fleece patterns, two solid patterns, or two patterned fleece.
2. **Purchase anywhere from 1.5 to 3 yards of each fleece.** 1.5 yards makes a throw size, 2.5-3 yards makes a nice twin size blanket.
3. **Spread out the material.** Spread it out so that the softer or more brightly colored sides face out.
4. **Cut out a rectangle from both corners with a pair of scissors.** Use a card that has been cut to 3" X 5"
5. **Start cutting strips.** Cut strips of approximately 1 inch from each corner down the end and the sides for as long as the material lies flat.
6. **Tie the corner strips together.** Using a simple knot, attach the bottom layer to the top layer.
7. **Tie the strips down each side for the length of the blanket .**



Personal Care Kit

Many families arrive at our shelter without hygiene supplies. Our staff and volunteers distribute donated personal care products to help families adjust to their new situation.



ITEMS NEEDED

Travel or Full Size of the following items:

Soap

Lotion

Shampoo

Conditioner

Toothpaste & Toothbrush

Please place all items in a ziplock bag .



Pregnancy Snack Pack

People Serving People offers 3 healthy meals to families in shelter, but often our Pregnant Mothers need a snack between meals. Please help us provide healthy pregnancy snacks and juice to expecting mothers in between the meals.



ITEMS NEEDED

Juice box (apple or grape juice preferred)

Poptart, granola or snack bar

Please place all items in a ziplock bag and include a note of encouragement.



1st Day of Work

When guests at People Serving People obtain employment, the Employment Advocates help them to prepare for their new position. We help them obtain uniforms, transportation and childcare. Please help us make their first day at work less stressful by providing a day's transportation, a snack, and a free lunch.



ITEMS NEEDED

\$7 Subway gift card

Granola or snack bar

24-Hour Pass for Metro Transit

Please place all items in a ziplock bag and include a note of encouragement.



Ready for Work

After assisting with job applications, the Employment Advocates at People Serving People help parents prepare for interviews. We provide professional clothing, interview advice and tokens. Please help us provide parents with all they need to make a great first impression at their job interview.



ITEMS NEEDED

Padfolio that fits 8.5" X 11" notepad

8.5" X 11" Notepad for padfolio

Planner

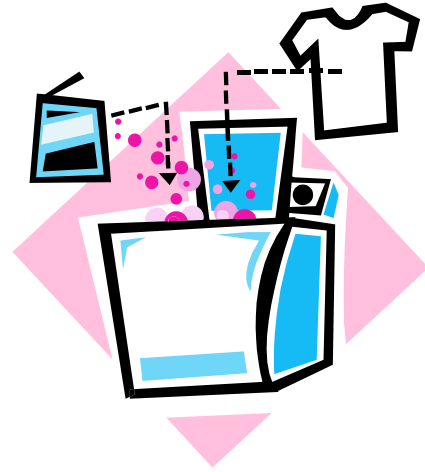
2- Pens

Please place all items in a bag. Include a note of encouragement.



Laundry Detergent

People Serving People offers a free laundry room and distributes detergent to families at our front desk. Please help us provide the supplies homeless parents need to clean their children's clothing.



ITEMS NEEDED

HE Liquid Detergent

Separate into three oz. single load portion cups with lids.

We accept high efficiency liquid detergent and can provide cups and lids if needed.



Healthy Cookbook/Recipes

Our shelter offers Health & Wellness groups to encourage families to eat healthier and lead more active lives. Please support this effort by donating cookbooks and the items needed to prepare one of the recipes.



ITEMS NEEDED

10 cookbooks with healthy recipes

(This can be an actual cookbook or something you create.)

